

SAFETY ALWAYS MATTERS

The keys to safe bicycling include being predictable and visible and communicating your intentions to motorists. Here are some helpful hints and specific safety rules to follow:

- Wear a HELMET. It is the LAW for persons 17 years of age or younger.
- Ride with the flow of traffic.
- Ride in a straight line and in single file.
- STOP at stop signs and red lights.
- Use a light, reflectors, and reflectorized clothing during darkness or heavy fog.
- Wear bright clothing during daytime.
- Use extra caution when it is raining and allow extra time to stop.
- Keep a safe distance from parked cars whenever possible.
- Use proper hand signals when turning, stopping or changing lanes (see "Using Hand Signals" on pg 9).
- Cross railroad tracks at a right angle.
- Walk your bike when using crosswalks.
- Do not wear headphones on both ears while riding.
- Keep your bike properly maintained so it is in good riding condition.
- Do not drink alcohol and ride.

